



May 28, 2004

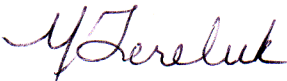
Re: Taron Puri's Energy management presentation

On March 25, 2004, our unit hosted a staff appreciation evening for approximately 40 healthcare professionals. Taron tailor made a program for us that focused on energy and stress management and one that was very specific to our unit needs. The goals of the evening centered around rejuvenation, celebration and appreciation of the employees. Our staff appreciation night was organized to help the staff cope with some of the changes that the group has gone through over the past year and to assist in building a stronger team.

The feedback we received was very positive. Taron's presentation was engaging, fun and enlightening. Also, the staff were able to use the techniques Taron presented to manage stress not only in the workplace but in their personal lives. On really hectic days on the unit, I still see the staff performing some of Taron's stress relieving techniques.

We welcome Taron back anytime as he was able to help us achieve the goals we set out for the evening and take steps towards achieving our long-term unit objectives.

Sincerely,



Yvonne Gereluk  
Assistant Patient Care Manager  
Unit 73, Rockyview Hospital